

ALTERNATIVE RADIO Tue. 10am, Weekly, 1 hr.  
Long format, mostly speeches, but some interviews. Important intellectuals of the day, including Noam Chomsky, Robert McChesney, Helen Caldicott, Howard Zinn, Arundati Roy, Vandana Shiva, Greg Palast, Ben Bagdikian, etc., etc.

BACKGROUND BRIEFING Mon. 10am, Weekly, 1 hr.  
Ian Masters interviews high-profile guests from the world of international politics. Diplomacy, intelligence and global relations.

BEHIND THE NEWS Thu. 11 am Hosted by Doug Henwood of the Left Business Observer

BETWEEN THE LINES Wed. 5:00 pm, Mon. 5:00 am, Weekly, half-hour  
High quality review of the week's important news stories. Headlines of the week's underreported stories plus 3 interview segments approx. 7 minutes each.

BIONEERS Sat., 9:30am, Weekly, half-hour  
Deep ecology, genetic engineering, etc. Highly recommended.

BUILDING BRIDGES Wed., 6:00 pm, half-hour  
Weekly labor report

CHANGESURFER RADIO Tue. 6pm, Weekly, half-hour  
Discussions of technology that promise to bring a "sexy, high-tech future."

CULTURAL BAGGAGE Sat., 4:30 pm, Weekly, half hour  
The unvarnished truth about the drug war from Dean Becker at from KPFT, Houston. News, interviews, and also produced short segments.

DECONSTRUCTING DINNER Mon. 4pm, 1 hr. From Kootenay Coop Radio in Nelson, BC, this show looks at what's in your food, the politics of food, and it's health impacts.

EARTHBEAT Sun., 7 am, 1 hr. Pacifica hosts Daphne Wysham and Mike Tidwell bring you the environmental stories you won't hear anywhere else.

EAT THE AIRWAVES Mon. 5:30 am & 6 pm, Weekly, half hour  
Mike McCormick of KEXP conducts weekly discussions with the editors of Eat the State, Geov Parrish & Maria Tomchick. The war in Iraq, national and westside politics.

ECOSHOCK Thu 4pm, 1hr. An unflinching weekly look at a dying planet.

ENCOUNTERS Sat., 11:30 am. Half-hour. The Encounters crew brings it's microphones up close to the world's wildlife!

EXPLORATION Thu. 10am, Weekly 1 hr.  
Prof. of Applied Physics Michio Kaku with a comprehensive up-to-date science news and interviews about the rapidly-changing world of science. Some of the info is of planet-saving proportions. Highly recommended.

FLASHPOINTS Mon.-Thu 6:30pm, Sat., 7 am, 1 hr.  
Excellent, daily investigative news magazine from Pacifica. Topics include Haiti, 9-11, HUD corruption, black box voting, enviro, human rights. Worldwide correspondents. Host: Dennis Bernstein

FROM THE VAULT Sat. 10am & extra episodes Sun. 8am, Great historic recordings from the Pacifica Archives

GLOBAL REPORT Sat. 11 am. Half-hour weekly aggregation of world news.

GUNS & BUTTER Fri. 11am, Weekly, 1 hr.  
The nexus of militarism and economics. From KPFA in Berkeley

LAW AND DISORDER Mon. 11am, 1 hr.  
Civil rights attorneys Look at the US legal system Post-911

LISTEN UP! NORTHWEST Mon. 5 pm  
Regional News Magazine from Reclaim the Media

MAKING CONTACT Fri. 5:00 pm, Archive editions: Sat. 9am. Weekly, half-hour  
Weekly documentaries on critical global and national issues from the National Radio Project (NRP, not NPR, but it does play on some NPR stations.) Excellent production.

MEDIA MINUTES Twice Fridays during Morning Mix, 8:00 & 9:30 am  
5 min. Weekly. Headlines newscast concentrating on Media issues.

MEDIAGEEK Tue. 11am, Weekly half-hour. Paul Riismandel interviews others about the world of grassroots media and media policy.

MIDWEEK POLITICS Sat. 5 am, 1 hr. Review & analysis of 'mainstream' news

NEW WORLD NOTES Sat 4 pm Political and social commentary in a variety of genres. Exploring the gap between what we want and what they're trying to make us settle for.

PROGRESSIVE RADIO Tue., 11:30 am.  
In depth interviews produced by Matthew Rothchild, editor of the Progressive Magazine

SEA CHANGE, Thu. 5pm, half hour, every other week. Keeping an eye on corporate power over your life.

SHORTWAVE REPORT Sun. 6:30am, Weekly, half-hour.  
Review of news from national stations recorded from a solar powered short wave radio strung together by host Dan Roberts. Netherlands, Russia, Spain, Cuba, Germany, China.

SPROUTS Tue., 5:00 pm, Weekly, half hour  
Magazine produced by volunteer neophyte news reporters from Pacifica affiliate stations like Radio Free Moscow. A different theme every week.

SUNDAY SEDITION Live, Sundays 9am, Weekly, 2 hrs.  
Call-in show w/ journalistic inquiry hosted by Peter Laughter on KPFA and affiliated stations.

TALK NATION RADIO Thu. 6pm Investigative Interviews from Storrs, CT

TUC RADIO (Time of Useful Consciousness) Wed., 1:30 pm, half-hour  
"Time of Useful Consciousness" is the time between the onset of oxygen deficiency and the loss of consciousness. These are the brief moments in which a pilot may save the troubled plane."

UNWELCOME GUESTS Wed. 10am Weekly, 2 hours.  
Excellent compendium of long-format speeches, interviews and readings on compelling suppressed issues of the day.

UPRISING Sat. 8am, repeats Sun. 11am, Weekly 1 hr.  
The best of the morning show of the same name on KPFA Los Angeles. Timely interviews of the news of the week. Very good weekend morning news show.

VOICES OF OUR WORLD Sat. 6:00 am  
Investigative Journalism concerning the rest of us. Excellent production quality.

WAR NEWS RADIO, Sat. 9:00 am, Extraordinary show produced by Swathmore college students with up to date reports on the war in Iraq. Voices of Iraqis are front and center.

WHAT'S THE WORD, Tue 12:30 am Explore the world of literature

WORLD OF RADIO Sun. 6am Weekly, half hour.  
This show talks about international broadcasters, pirate, clandestine and military stations, as well as the noises and buzzes on your short wave radio. Short wave is the only medium that crosses international borders immune from state censorship.

WRITERS' VOICE, Tue 1 am, Listen to the Authors

YOUR OWN HEALTH & FITNESS Fri. 10 am, Weekly 1 hr.  
Layna Berman of Pacifica with cutting edge information on the politics and controversies in health and health care.

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#### MUSIC & ENTERTAINMENT

LE SHOW Mon. 3 pm, 1 hr. Comment & Satire by Harry Shearer, Simpsons voice actor.

THE HOUR OF SLACK Thursdays, midnight Weekly, 1 hr. Very, very weird. Very well produced.

THE INNER SIDE Mon. 10:30 pm. Weekly half hr.  
Political humor and sound collage from the underground studio of Scooter in Houston.

THE RIDE Sun. 1 am Complete and excerpted live Shows. Jam bands, etc.

GLOBAL-A-GO-GO World Music Mon. 1 am, 2 hrs.  
MOTHERLAND INFLUENCE World Music Wed. 1 am, 2 hrs.  
AMBIANCE CONGO World Music from Congo Thu. 2 am, 2 hrs.